

MOTHERS' UNION

MIDDAY PRAYERS FOR

SEPTEMBER 2026

Theme: Peace and Reconciliation

Reflection for the theme of peace and reconciliation (Prayer Diary 2026)

Each September Mothers' Union celebrates its strong connection with the Community of the Cross of Nails (CCN) - a worldwide network of churches and peace-building organisations, inspired by the Coventry story of destruction, rebuilding, and renewal. The concepts of forgiveness, healing, development, shared understanding and of course peace lie at the heart of all the work we undertake in MU and are at the core of our Christian faith. As we pray especially this month for peace, reconciliation, hope and unity in our world and in our lives, let us reiterate the prayer central to CCN worship - "Father Forgive."

Monday – Forgiveness

Then Peter came to Jesus and asked, "Lord, how many times shall I forgive my brother or sister who sins against me? Up to seven times?" 22 Jesus answered, "I tell you, not seven times, but seventy times seven". (Matthew 18:21-22)

God of mercy, forgive us when we fail to love and heal the wounds we cause. Give us grace to forgive those who have hurt us, courage to seek reconciliation, and hearts shaped by your compassion. Make us instruments of your peace and your reconciling love. Amen.

Tuesday – Reconciliation

All this is from God, who reconciled us to himself through Christ and gave us the ministry of reconciliation: that God was reconciling the world to himself in Christ, not counting people's sins against them. And he has committed to us the message of reconciliation. (2 Corinthians 5:18-19)

God of peace, draw us together in your love. Where there is division, bring understanding; where there is hurt, bring healing; where there is conflict, bring reconciliation. Help us to build bridges of hope and become instruments of your peace. Amen

Wednesday – Healing

Therefore, confess your sins to each other and pray for each other so that you may be healed. (James 5:16)

God of peace, bring healing where hearts are wounded and relationships are broken. Replace division with understanding and help us to be instruments of your peace and reconciliation. We ask this in Your name. Amen.

Thursday – Hope

May the God of hope fill you with all joy and peace as you trust in him, so that you may overflow with hope by the power of the Holy Spirit. (Romans 15:13)

God of hope, fill us with joy and peace as we trust in you. By your Spirit, help us to abound in hope, trusting that your love can bring reconciliation where there is division. Through Jesus Christ our Lord. Amen.

Friday – Unity

Make every effort to keep the unity of the Spirit through the bond of peace.

(Ephesians 4:3)

God of unity, help us to keep the unity of the Spirit through the bond of peace.

Draw us together, bound in Your love, and make us instruments of your peace. We ask this in Your name, our Lord and Redeemer. Amen.

Saturday – Peace in our hearts and our world

Peace I leave with you; my peace I give you. I do not give to you as the world gives. Do not let your hearts be troubled and do not be afraid. (John 14:27)

God of Peace, plant your peace within our hearts and let it flow into our world. Give us the peace that Christ promises, calming our fears and strengthening our hope. Where there is conflict, bring understanding; where there is division, bring unity. Help us to be instruments of your peace. Amen.

Final Blessing Prayer (Prayer Diary)

God of mercy and love, we come before You seeking peace and reconciliation. Heal the wounds of division within our hearts, families, and communities. Teach us to forgive as You forgive, to speak with kindness, and to listen with compassion. May Your Spirit guide leaders toward justice and unity among nations. Calm our anxious thoughts and renew our spirits with Your peace that surpasses all understanding. Help us to become instruments of Your love, building bridges where walls have stood. May Your light shine through us, bringing healing, hope, and harmony to a hurting world. In Your name, we pray. Amen

Wave of Prayer

1-2 September: Harare in Zimbabwe; Machakos in Kenya; Ogori-Magongo & Ekiti in Nigeria; Southwark in England and Phulbani in India

3-5 September: Khartoum in Sudan; Dar es Salaam in Tanzania; Bari & Ilesa in Nigeria; Gloucester in England and Dugapur in India

7-9 September: Pacong in South Sudan; Southern Nyanza in Kenya; Kutigi & Ijesha North in Nigeria; Bristol in England and Karnataka Central in India

10-12 September: Pretoria in South Africa; North Mbale in Uganda; Oke-Osun in Nigeria; Exeter in England and Barbados

14-16 September: Mthatha in South Africa; Namirembe in Uganda; Pankshin & Sabongidda-Ora in Nigeria; Dublin & Glendalough in All Ireland and Central Solomons in Solomon Islands

17-19 September: Buye in Burundi; Sebei in Uganda; Abakaliki & Ekiti-Oke in Nigeria; Southwell & Nottingham in England and Belize

21-23 September: Rumbek in South Sudan; Soroti in Uganda; Aba Ngwa North & Oyo in Nigeria; Peterborough in England and North Eastern Caribbean & Aruba

24-26 September: Makamba in Burundi; North Karamoja in Uganda; Lokoja & Sapele in Nigeria; Truro in England and Tirunelveli in India

28-30 September: Katanga in DR Congo; Rwenzori in Uganda; Mbaise & Egba in Nigeria; Meath & Kildare in All Ireland and Tiruchirappalli Thanjavur in India